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### EFFECT OF THE ADDITIVE INTAKE OF ZINC ON ITS CONTENT IN BLOOD PLASMA OF DAIRY COWS

#### Božena Hosnedlová, Miloslav Šoch, Jan Trávníček

University of South Bohemia České Budějovice, Faculty of Agriculture, Department of Anatomy and Physiology of Farm Animals, České Budějovice, Czech Republic

#### Key words: zinc, blood plasma, milk, dairy cows.

#### Introduction

The aim of this study was to assess the effect of adding zinc to food of diary cows for the period of three weeks before delivery on its content in the blood plasma in varying intervals post partum. In animal tissues, zinc is present in concentrations close to iron, i.e. usually higher that those of manganese and copper (Prasad et al., 1974 in Bencko et al., 1995). Majority of zinc is found in muscles, liver, bones and mammary gland (Suchý et al., 1998). It is required for the activity of many enzymes (Prasad, 1991, Vrzgula et al., 1990) which positively effect the processes of growing and development, development of bones, blood, reproduction abilities and transformation of proteins and saccharides (Sova et al., 1981). Research studies show that its intake is important for proper functioning of the immune system (Conway, 1988). Zinc significantly reduces the after-effects of retardation of intrauterine development (Simmer et al., 1991). In blood, zinc is by 75% bound in the blood plasma (mainly proteins), 22% in erythrocytes and 3% in leucocytes (Sollmann, 1957 in Bencko et al., 1995). Utilisation of zinc is affected among other factors by its chemical form (Keyzer et al., 1983 in Vrzgula et al., 1990). From inorganic forms, the best is in zinc sulphate (15 - 40%). Digestibility of zinc from organic forms (proteinates, yeast, lactates, etc.) is many times higher (Suchý et al., 1998). At present, a special emphasis is put on organically bound microelements in the form of chelate complexes (Sinovec and Jovanovic, 2002). Šimek et al. (2001) in his experiments identified a favourable effect of organic forms of mineral substances on the production of milk. Administration of organically bound zinc, copper, cobalt and manganese to diary cows significantly reduces insemination intervals (Campbell et al., 1999).

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#### Material and methods

The experiment was conducted on diary cows from a farm in the Southern Bohemia District. For the purpose of this experiment, two groups of diary cows were established: an experimental group which was saturated with inorganic zinc added to the dose of food above the recommended daily standard, and a control group to which no zinc supplement was administered. The intake of zinc to the experimental group was increased in the form of zinc oxide by 20%, i.e. 130 mg per head per day, administered in the form of capsules *per os* daily over the period of three weeks before expected calving. The diary cows had blood samples taken repeatedly from *vena jugularis* - before the supplement administration and then in the 1<sup>st</sup>, 3<sup>rd</sup>, 5<sup>th</sup>, 6<sup>th</sup> and 8<sup>th</sup> month after delivery. The content of zinc in the blood plasma was determined by the method of atomic absorption spectrophotometry (AAS), using a UNICAM 969 AA spectrometer, and this was compared with a reference sample.

#### **Results and discussion**

The content of zinc in the blood plasma of diary cows before the commencement of the experiment (Table 1) is characterised by the following parameters: Experimental group: (n = 16): arithmetic mean 16.87 µmol/l, standard deviation 3.85 µmol/l, coefficient of variation (V%) 23, minimum 11.93, maximum 26.91, median 15.98 µmol/l; Control group (n = 16): arithmetic mean 16.75 µmol/l, standard deviation 2.84 µmol/l, coefficient of variation (V%) 17, minimum 11.01, maximum 21.41, median 16.97 µmol/l. The mean values of content of both groups are very even and within the framework of physiological limits of zinc content in blood plasma, i.e. 12.5 - 26.0 µmol/l (Slanina et al., 1992), which demonstrates a corresponding level of the diary cows supplementation with zinc. Graph 1 illustrates the history of zinc content in blood plasma during the monitored period. Both groups show a similar tendency, until 2<sup>nd</sup> month *post partum* showing a drop, from 2<sup>nd</sup> month in the experimental group and 3<sup>rd</sup> month in the control group until 6<sup>th</sup> month an increase, with a peak in 6<sup>th</sup> month, the experimental diary cows with intake of zinc supplement showing higher average values. However, the differences between the experimental and the control group during this period were below the level of statistical significance. The drop in the content of zinc during colostration feeding can be explained by an increased demand for it in the colostrum which contains 3 - 5 times as zinc as what is present in normal cow milk (Novák et al., 1982), and the drop until 2<sup>nd</sup> month post partum in the experimental group (and 3<sup>rd</sup> month in the control group) can be ascribed to the upsurge of lactation. Unlike some other

microelements, milk contains considerable quantity of zinc (Novák *et al.*, 1982) - on average 3.8 - 4.7 mg/kg (Reilly, 1991 in Kvasničková, 1998). The effect of long-term intake prior to delivery manifested itself not only by higher average content of zinc in plasma, but also by faster evening out and growth of its concentration in plasma (Graph 1) compared to the control zinc of the unsupplemented group. This can be explained by zinc getting released into the blood plasma from mobilised reserves (Bouda *et al.*, 1990), created at the time of its supplemented intake.

#### Conclusion

Supplemented zinc intake at quantity 130 mg per head per day over the period of three weeks prior to delivery was reflected in its increased presence in blood plasma in  $3^{rd}$  and  $5^{th}$  and/or  $6^{th}$  month *post partum* compared to the control group; however, this difference was statistically insignificant.

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# Graph 1: Content of zinc in blood plasma of diary cows during the monitored period



s.a. - suplement administration